



**NATIONAL STANDARD OF THE PEOPLE'S REPUBLIC
OF CHINA**

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**食品安全国家标准
预包装食品营养标签通则**

National Food Safety Standard

Nutrition Labeling of Prepackaged Foods

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National Food Safety Standard

Nutrition Labeling of Prepackaged Foods

1 Scope

This standard applies to the description and presentation of nutrition information on nutrition labeling of a prepackaged food.

This standard is not applicable to nutrition labeling of health foods and prepackaged foods for special diet.

2 Terms and Definitions

2.1 Nutrition labeling

Nutrition labeling is a description intended to inform the consumer of the nutritional components and the nutritional properties of a food, which includes, nutrition information, nutrition claims and nutrient function claims. Nutrition labeling is a part of food labeling.

2.2 Nutrients

Necessary materials in food which are possessed of specific physiological effect and capable of maintaining organism growth, development, activity, reproduction and homergy, including proteins, fat, carbohydrate, mineral substance, vitamin, etc.

2.3 Nutritional component

Nutrient in food and other food constituents which are possessed of nutritions and (or) physiological functions besides nutrient. Definitions of each nutrient content may refer to GB/Z 21922 "Fundamental Terminology and Definition of Nutritional Component in Foods".

2.4 Core Nutrients

Core nutrients in nutrition label include protein, fat, carbohydrate and sodium.

2.5 Nutrition information

Nutrition information is a normative form with the name of the nutrient, the content of nutrient and % NRV (Nutrient reference value).

2.6 Nutrient reference value (NRV)

Exclusive for food nutrition labeling; used for comparing reference values of food nutrient content.

2.7 Nutrition claim

Nutrition claim refers to a description, declaration or implication of the nutritional properties of a food, such as declaration of energy value, content claim of protein, etc. Nutrition claim includes nutrient content claim and nutrient comparative claim.

2.7.1 Nutrient content claim

Nutrient content claim means a nutrition claim that describes the energy value or the content level of a nutrient contained in a food. The terminology for nutrient content claim includes "contains", "high", "low" or "no", etc.

2.7.2 Nutrient comparative claim

Nutrient comparative claim means a nutrition claim that compares the energy value or the content

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